**Dual Meet Order of Events**

Track Events (Girls run first)

100h/110h

4 x 800m\*

100m

1500m/1600m\*

400m

400h

800m

200m

3000m/3200m\*

4 x 100m

4 x 400m

\*the 4 x 800m, 1500m/1600m, and 3000m/3200m might run boys and girls together

Field Events

Boys first: Shot Put, Pole Vault, Long Jump

Girls first: Discus, High Jump, Triple Jump